

# 2026 Fandango Ball Prep Sheet

Featuring **Joanna Reiner-Wilkinson** and **Murmuration**:



Karen Axelrod, piano;  
Shira Kammen, violin;  
Anna Patton, clarinet

Ball program will be pulled from the following selections.

Condensed instructions follow. A big thank you to [Ottawa English Dance](#) for many of the instructions, [Lambertville Country Dance](#) for the video archive. Tremendous thank you to Kate Barnes and all the work she does to make the Barnes Books of English Country Dance tunes such an amazing resource. Please go out and purchase a [full set of those books. And the iPad app.](#)

When errors are found, please email [labst@emory.edu](mailto:labst@emory.edu) for quick update.

## The Dances (in ball order):

|                                                    |                                                      |
|----------------------------------------------------|------------------------------------------------------|
| 1. <a href="#">Take A Dance</a> - DM proper        | 9. <a href="#">How Can I Tell You?</a> - DM proper   |
| 2. <a href="#">Fenterlarick</a> - DM proper        | 10. <a href="#">Bellamira</a> - DM proper            |
| 3. <a href="#">Kelsterne Gardens - 3 couple</a>    | 11. <a href="#">Heartwood</a> - DM proper            |
| 4. <a href="#">Murmurations</a> - DM proper        | 12. <a href="#">Dancing Wife</a> - DM proper         |
| 5. <a href="#">A Trip to Paris</a> -- DM proper    | 13. <a href="#">Fandango</a> - 3 couple              |
| 6. <a href="#">The Bonny Cuckoo</a> - 4 couple set | 14. <a href="#">Sweet Cream</a> - DM proper          |
| 7. <a href="#">Fort of Mounjoy</a> - DM proper     | 15. <a href="#">Key to the Cellar</a> - triple minor |
| 8. <a href="#">Sapphire Sea</a> - DM proper        |                                                      |

DM: Duple Minor

Dances with an \* will be taught during the daytime workshops.

A YouTube playlist of videos of dances from the ball available is [here](#).  
Choreography can be found below.

## Take a Dance

Formation: Longways duple minor proper

Key: Bm, Meter: 6/8

Choreography/Music: Thompson 1765

Barnes I, 124

Video: <https://www.youtube.com/watch?v=ql5qMYZccn4>

- |    |     |                                                    |
|----|-----|----------------------------------------------------|
| A1 | 1-4 | 1s lead through the 2s and cast back to place.     |
|    | 5-8 | 1s turn with 2-hands once around.                  |
| A2 | 1-8 | 2s do the same, leading up through the 1s.         |
| B1 | 1-4 | 1s cross R, cast off one place, 2s moving up.      |
|    | 5-8 | 1s dance a half figure-8 up through the 2s.        |
| B2 | 1-8 | 4 changes of Rights & Lefts, starting with Partner |

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## Fenterlarick

Formation: Longways duple minor proper

Key: C, Meter: 4/4

Choreography: Joyce Walker, 1977

Music: "Nancy's Fancy" by Fred Grimshaw, Barnes 1, pg 39

Video: <https://www.youtube.com/watch?v=PoC2heEihW8>

- |    |     |                                                                                                                                        |
|----|-----|----------------------------------------------------------------------------------------------------------------------------------------|
| A1 | 1-8 | 1st corners side (Sharp/swirly siding), set forward, and turn single back to place.                                                    |
| A2 | 1-8 | 2nd corners do the same.                                                                                                               |
| B  | 1-4 | Robins/R-file dancers lead between their partners and cast back to place.                                                              |
|    | 5-8 | Larks/L-file dancers do the same.                                                                                                      |
| C  | 1-8 | Chain Progression:                                                                                                                     |
|    | 1-2 | Partners turn with L-hands $\frac{3}{4}$ into a line up and down the center of the dance.                                              |
|    | 3-6 | 2nd corners in the middle turn with R-hands $1\frac{1}{2}$ , while, 1st corners orbit CCW halfway around to the other end of the line. |
|    | 7-8 | Partners turn with L-hands $\frac{3}{4}$ into progressed place.                                                                        |

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## Kelsterne Gardens

Formation: 3-couple longways set

Key: Dm, Meter 2/2

Choreography/Music: Playford 1727

Music: Barnes 1, pg 63

Video: <https://www.youtube.com/watch?v=jOy5vnjvczg>

- A1 1-8 Mirror hey (1s lead between the 2s to begin).
- A2 1-8 1s and 2s dance a double figure of 8: 1s cross down middle and 2s dance up the outside to begin, ending in original places.
- B1 1-4 1s and 2s circle L once around.
- 5-8 1s cast down to middle place, 2s moving up.
- B2 1-8 1s and 3s do the same.

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## Murmurations

Formation: Longways duple minor

Key: G, Meter: 3/2

Choreography: Jenna Simpson, 2024

Music: "Murmurations" by Dave Wiesler, 2024

Video: <https://www.youtube.com/watch?v=tYEsiNgoAsM>

- A1 1-2 All balance forward and back to partner.
- 3-4 1s cast, 2s lead up.
- 5-6 Handy-hand turn with new neighbor, 1s splitting the 2s.
- 7-8 Handy-hand turn with original neighbor, 1s again splitting the 2s. End facing original neighbor, retaining hands.
- A2 1-2 Balance forward and back to neighbor.
- 3-4 1s cast up to place, 2s lead down, into:
- 5-8 Full double figure of 8 (quick!), 1s crossing down and 2s casting up to begin. End in a line of 4 facing down, 1s in the middle, 2s casting up to the ends of the line.
- B 1-2 Lead down the hall.
- 3-4 2s gate the 1s down and all the way around ending in the line across
- 5-6 Line fall back (up the hall).
- 7-8 1s gate the 2s into original places.
- C 1-2 Long lines forward and back.
- 3-4 Partners cross R shoulder and turn over R shoulder to face partner
- 5-6 Starting with partner, 2 changes of a circular hey.
- 7-8 Partners turn with 2-hands once around, retaining hands ready to begin again.

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## A Trip to Paris

Formation: Longways duple minor

Key: Am, Meter 2/2

Choreography/Music: Walsh, 1711, adapted by Douglas & Helen Kennedy, 1929

Music: Barnes 1, pg 129

Video:

- A     1-4     All set and cross passing R shoulders with partner, turning single R into partner's place.  
         5-8     That again to original place.
- B     1-8     1s cross R, cast off one place, cross R below the 2s, and cast up to places (skipping).  
         9-10    1s turn single upward.
- C     1-4     1st corners cross R, 2nd corners cross R.  
         5-8     Circle L halfway and 1s cast, 2s leading up.

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## The Bonny Cuckoo

Formation: 4-couple longways set

Key: D, Meter: 3/4

Choreography: Gail Ticknor, 1986

Music: "Si Beag Si Mhor" by Turlough O'Carolan

Video: <https://www.youtube.com/watch?v=CKDgrBhHRNs>

- A     1-4     1s lead down 2 places and cast up around the 3s into 2nd place.  
             2s move up on bars 3-4.  
         5-8     1s R-hand turn halfway and then 1s and 3s (below) L-hand turn halfway.  
         9-12    4s lead up 2 places and cast down around the 3s (in 2nd place) into 3rd place.  
             1s move down to the bottom on bars 11-12.  
         13-16   4s R-hand turn halfway and then 2s and 3s (above) L-hand turn halfway.
- B     1-4     Circle 8-hands round to the L.  
         5-6     Balance the circle in forward and back.  
         7-8     Change with neighbor: Robins/R-file balance in and then out to the R,  
             while Larks/L-file balance out and then in to the L.
- B     9-12    Circle 8 hands round to the R.  
         13-14   Balance the circle in forward and back  
         15-16   Partner turn with two-hands to starting sides (halfway or once around)

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# Fort of Mounjoy

Longways duple minor

Kynston, 1710, A. Shaw reconst.

Video: [https://www.youtube.com/watch?v=NKL\\_eHbrPhk](https://www.youtube.com/watch?v=NKL_eHbrPhk)

- A1     1-4     As in Emperor of the Moon, 1s cross R and cast while 2s meet, lead up and face out.  
       5-8     Assisted figure 8: Handy hand turn with neighbor  $\sim\frac{3}{4}$ , Robins/R-file R, Larks/L-file L,  
               until the 1s are below.  
               Just before 1s end below, 2s meet and lead up to the top and stay facing up.
- A2     1-4     A1 repeats from the bottom: 1s cross L and cast up,  
               while, 2s turn inward toward each other, change hands, lead down, and face out.  
       5-8     Assisted figure 8: Handy hand turn with neighbor  $\sim\frac{3}{4}$ , Robins/R-file L, Larks/L-file L R,  
               until all are home. Just before 1s end at home, 2s meet and lead down to home place.
- B1     1-4     1st corners cross R, 2nd corners cross L.  
       5-8     Facing partner, all set and turn single R.
- B2     1-4     Starting with partner, 2 changes of Rights & Lefts.  
       5-8     All set and 1s cast to 2nd place, 2s leading up.

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# Sapphire Sea

Longways duple minor

Christine Robb, 2015

Music: Barnes 3, p. 121

- A     1-4     Circle L once around.  
       5-8     1st corners R-hand turn once around.  
       9-12    2nd corner L-hand turn once around.  
       13-16   1s cast down into the middle of line of 4, while 2s lead up and cast onto ends of line,  
               all facing 2nd Lady
- B     1-8     Dolphin hey across the set, 1s acting as a unit and passing R with 2nd Lady to begin.  
               Finish in line of 4 facing up.  
       9-12    Line leads up a double and back remaining in line.  
       13-16   2s gate the 1s into progressed place, releasing early to meet new neighbors in circles for  
               the next round.

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# How Can I Tell You?

Longways duple minor Melissa Running, 2020

- |    |     |                                                                                                                                            |
|----|-----|--------------------------------------------------------------------------------------------------------------------------------------------|
| A1 | 1-4 | 1st corners cross L, 2nd corners cross R.                                                                                                  |
|    | 5-8 | Starting with neighbor on the side, two changes of Rights and Lefts, ending at home.                                                       |
| A2 | 1-4 | 1st corners cross L, 2nd corners cross R.                                                                                                  |
|    | 5-8 | With neighbor on the side, back to back.                                                                                                   |
| B1 | 1-4 | Circle L                                                                                                                                   |
|    | 5-8 | Star L back to progressed and improper place.                                                                                              |
| B2 | 1-4 | Taking hands with neighbor, fall back and come forward passing through R shoulder with partner, ending facing up and close to partner for: |
|    | 5-8 | Cast and lead, lead and cast, 2nd couple casting to begin                                                                                  |

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## Bellamira

Longways duple minor 1689, Charles Bolton interpretation

- |    |     |                                                                                                          |
|----|-----|----------------------------------------------------------------------------------------------------------|
| A1 | 1-8 | 1s lead down the center and back.<br>At the end of the phrase, 1s wheel around into each other's places. |
| A2 | 1-4 | With neighbor, Cecil Sharp-style/swirly siding.                                                          |
|    | 5-8 | Neighbors turn 2-hands once around.                                                                      |
| B1 | 1-4 | Partners change places R shoulder, ending close, and fall back to the sides.                             |
|    | 5-8 | 2nd Gent, followed by partner, cast up into 1st place, 1s moving down.                                   |
| B2 | 1-4 | 2nd diagonals cross R, 1st diagonals cross R.                                                            |
|    | 5-8 | All clap, circle halfway, and turn single L into progressed places.                                      |

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# Heartwood

Longways duple minor, waltz time Michael Wood, 2021

- A1     1     Turn Partner with 2-hands halfway, opening up to face neighbors.  
       2-4     Half open draw pousette CW, 1st corner people drawing partner.  
              Continue to end in a line, 1s facing up, 2s facing down,  
              1st corners on the ends of the line, 2nd corners R-shoulder to R-shoulder in the middle.  
       5-6     Balance forward and back.  
       7-8     As in Autumn in Amherst, turn single L to progressed places,  
              2nd corners moving across the set
- A2     1     Turn Partner both hands CCW halfway, opening up to face neighbors.  
       2-4     Half open draw pousette CCW, 1st corner people drawing partner.  
              Continue to end in a line, 1s facing down, 2s facing up,  
              1st corners on the ends of the line, 2nd corners L-shoulder to L-shoulder in the middle.  
       5-6     Balance forward and back.  
       7-8     urn single R to original places, 2nd corners moving across the set.
- B1     1-4     Single-file circle CCW  $\frac{3}{4}$  (3 places) ending on the same side as partner, ready for:  
       5-8     Half open chain: 1st corners (on the 2nd diagonal) turn by the R halfway and then  
              turn corner L moving into:  
       B2     1-8 Full hey for 4 across the dance. (1st corners begin passing R shoulder in the  
              middle). At the end of the hey, 1st corners cast wide into progressed place and  
              2nd corners pass R and curve R to meet partner in progressed place

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# Dancing Wife

Longways duple minor Gary Roodman, 1990

- A1     1-4     1s lead down through 2s and cast back to place.  
       5-8     1s circle with (previous) 2s above.
- A2     1-4     2s lead down through the couple they just circled with, and cast back to place.  
       5-8     2s circle with (original) 1s above. All are home.
- B1     1-8     1st corners cross with R shoulders, 2nd corners cross with R shoulders,  
              Neighbors on the side cross with R shoulders, and all turn single R.
- B2     1-4     Starting with partner, 2 changes of Rights & Lefts.

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# The Fandango

Formation: 3 couple longways set

Choreography/Music: Thompson 1774, interpretation by W.S. Porter, 1931

Key: D Major;

Meter: 6/8

Tune source/Sheet Music: [Barnes I, 38](#)

[Video Link](#)

- |    |                 |                                                                                                                                                                        |
|----|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| A1 | 1-4             | 1s RH turn, end facing up                                                                                                                                              |
|    | 5-8             | 1s long cast to 2nd place (2s move up on 7-8).                                                                                                                         |
| A2 | 1-4             | 1s LH turn, end facing up                                                                                                                                              |
|    | 5-8             | 1s long cast to 3rd place (3s move up on 7-8).                                                                                                                         |
| B1 | 1-8             | Slipping circles L and R.                                                                                                                                              |
| B2 | 1-6             | 1s lead to top, cast to 2nd place (3s move down).                                                                                                                      |
|    | 7-8             | 1s cloverleaf turn single down.                                                                                                                                        |
| A3 | Contra corners: |                                                                                                                                                                        |
|    | 1-8             | 1s and 1st corners two-hand turn, then 1s two-hand turn in center                                                                                                      |
| A4 | 1-8             | 1s and 2nd corners two-hand turn, then 1st two-hand turn 1½ in the center to own side while accelerating into a skip.                                                  |
| B3 | 1-8             | 1s dance figures of 8 through and around end couples, 1s passing 2nd corner R to start.                                                                                |
| B4 | 1-8             | Switching ends, L-shoulder heys for three across the set, 1s giving L shoulder to 1st corner to begin. 1s meet in center and lead to bottom, 3s moving up the outside. |

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## Sweet Cream

Longways duple minor Jenna Simpson, 2011

- |    |     |                                                                                                 |
|----|-----|-------------------------------------------------------------------------------------------------|
| A1 | 1-4 | Partners dance back-to-back                                                                     |
|    | 5-8 | Star R once round, 1st corners retaining R hands for:                                           |
| A2 | 1-4 | 1st corners balance forward and back, and change places, Lady turning under.                    |
|    | 5-8 | 2nd corners the same.                                                                           |
| B1 | 1-2 | Partners set.                                                                                   |
|    | 3-8 | La Baratte:                                                                                     |
|    | 3-4 | R-hand turn halfway and face up, retaining hands.                                               |
|    | 5-6 | Joining L hands, change places, Lady turning under crossed hands while pulling R shoulder back. |
|    | 7-8 | Partners L-hand turn halfway (ending proper).                                                   |
| B2 | 1-4 | Star L once round with original neighbors.                                                      |
|    | 5-8 | New neighbors dance back-to-back on the sides                                                   |

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## Key to the Cellar

Longways triple minor, triple time Jenny Beer, 2004

- |    |     |                                                                                                  |
|----|-----|--------------------------------------------------------------------------------------------------|
| A1 | 1-2 | 1s cast down one place, 2s moving up.                                                            |
|    | 3-4 | 3s gate the 1s down and around into 2nd place.                                                   |
| A2 | 1-2 | Lines lead forward and back.                                                                     |
|    | 3-4 | 2s gate the 1s up and around into 2nd place.                                                     |
| B1 | 1-4 | L-shoulder heys across the dance, 1s give L shoulder to 1st corner on their R diagonal to begin. |
| B2 | 1-2 | 1s dance R-shoulder once around.                                                                 |
|    | 3-4 | Partners 2-hand turn once around.                                                                |

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